

JOIN OUR COMMUNITY.

SURROUND YOURSELF WITH THOSE ON THE SAME MISSION AS YOU

PRICE:

**10 classes for AED 600
or AED 100 per class**

**All classes complimentary
for members**

1st – 31st DECEMBER

CLASS SCHEDULE

SUNDAY

HIIT Class
6:30PM – 7:30PM
(Tiwara)

MONDAY

Yoga
7:00PM – 8:00PM
(Amit)

TUESDAY

Pilates
7:00pm – 8:00pm
(Sinead)

WEDNESDAY

Circuits
6:30PM – 7:30PM
(Tiwara)

FRIDAY

Yoga
9:30am – 10:30am
(Amit)

Outdoor Circuits
10:00AM – 11:00AM
(Suleiman)



Zabeel House by Jumeirah™, The Greens
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